



Schedule your Reiki session to compliment your EDMR Session today! Sessions take place in Tamie Pushlar's office on Fridays.

REIKI AND EDMR



Reiki is an energy healing technique that promotes relaxation and reduces stress and anxiety through gentle touch/hand hovering. It aids in healing by helping you become energetically balanced - physically, emotionally, mentally, and spiritually. Combined with **EDMR** it can help balance emotions that come up during your session and help move the energy. Reiki is a non-invasive technique that can be done hands-on or by hovering above the body which makes it comfortable for those who do not like to be touched.

Offer


Schedule a 30-minute Reiki session and mention EDMR with Tamie and receive 10% off your session. Sessions are \$40 before the discount - \$36 after the discount. Call or email to schedule today!

About Trish

Trish Mullin, owner of Zen Between the Chaos is a Reiki Master, Holistic Life Coach, and registered 200 hour yoga teacher.



Contact

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